



# ADMISSION CRITERIA

## CLINICAL PROFILE

### Mood and Anxiety Disorders

- Major depressive disorder
- Persistent depressive disorder
- Bipolar I disorder
- Disruptive mood dysregulation disorder
- Generalized anxiety disorder
- Obsessive compulsive disorder
- Post-traumatic stress disorder

### Many students have secondary mood or behavioral issues

- Attachment disorders
- Attention deficit hyperactivity disorder
- Executive functioning deficits
- Oppositional-defiant disorder
- Intermittent explosive disorder
- Parent-child relational disorder
- Specific learning disorders

### Common issues and maladaptive coping strategies as a result of trauma and attachment issues

- School refusal or avoidance
- Substance abuse
- Active self-harm

- Suicidal intent, threats, or attempts
- Aggression with parents and siblings
- Elopement
- Unhealthy and codependent relationships
- Inappropriate attachments
- Low self-esteem
- Addictions including technological and pornography
- Anger and defiance
- History of eating disorder or disordered eating
- Trouble making and keeping appropriate friendships
- Impulsive and reckless behavior

### Conditions restricting admission

- Younger than 13 and older than 17.6 years old
- IQ lower than 80
- Medical issues that require full-time supervision
- Exhibits grooming and sexual predatory behaviors
- Gang history or affiliation
- Conduct Disorder
- Psychosis

Send inquiries and information to [ElevateAdmissions@heritagertc.org](mailto:ElevateAdmissions@heritagertc.org)